



restore the body  
expand the mind



spa helani  
a heavenly spa by westin™



## how to receive the full benefits of a heavenly spa by westin treatment

Our heavenly spa is delighted to assist you in selecting treatments to perfectly suit your needs. You may request a male or female therapist to provide your service. We will do our best to fulfill your request. All of our licensed therapists are professionally trained to provide you with a calm and peaceful experience.

### reservations

To make your reservation at Spa Helani, a heavenly spa at the westin ka'anapali ocean resort villas, please call 808.662.2644 or dial extension 2644 from within the resort. A valid credit card is required to confirm your reservation. In order to ensure that your spa experience is available when you desire, we recommend scheduling treatments prior to your arrival to the resort. Please advise us if you are pregnant or have other significant health concerns when booking any treatments.

### pre-arrival information

We encourage you to arrive 30 minutes prior to your scheduled appointment time to enjoy our roman steam, rain showers, and relaxation lounge. A locker, plush robe and slippers will be provided at the time of your arrival. We respectfully ask that you leave cell phones turned off to ensure the tranquility of our spa environment for all guests. Additionally, please deposit all valuables in your room safe, as the heavenly spa is not responsible for lost or misplaced items. Please be prompt in your arrival as all appointments will end on time and be charged in full, regardless of late arrival.

### cancellation policy

Please notify the heavenly spa 24 hours prior to your scheduled appointment should you need to change or cancel your reservation so that you may avoid being charged for scheduled services. Group bookings require a 7 day advance notice for cancellations or changes.

### service charge

For your convenience, a 20% service charge will be added to the cost of your services. This provides gratuity for your therapist and support staff. Additional gratuities for your provider may be left at your discretion.

### age limitations\*

The minimum age for spa guests is 14 years old. Guests 14 to 17 are invited to enjoy our specially selected and priced spa services. Children as young as 4 years of age are welcome to join us for our keiki nail services. All guests under the age of 18 must be accompanied by a parent or legal guardian from the time of check-in through the completion of their service. No further discounts will be applied to keiki or teen treatments.

# heavenly touch

Every encounter begins with our signature serenity welcome, a ritual that combines aromatic oils with massage of the face, neck, ears, and scalp. Exhale deeply.

## heavenly massage

50 or 80 minutes

Our full-body massage combines a soothing touch and your choice of one of our three signature aromatherapy massage oils, nourishing white tea aloe, calming chamomile lavender or uplifting green tea grapefruit. This massage is customized especially for your needs. A truly renewing experience.

## heavenly spa rollersage

75 minutes

This unique treatment, offered only at select heavenly spa locations, uses specially shaped semi-precious stones for a stimulating and healing massage. A truly heavenly experience.

## sports massage

50 or 80 minutes

A vigorous massage designed to soothe an active body. The incorporation of compression, friction, pressure point, and stretching techniques increases range of motion and flexibility, improves athletic performance, and helps reduce specific muscle tension.

## ka'anapali deep tissue massage

50 or 80 minutes

This deeply therapeutic massage uses a variety of techniques including trigger point, deep fascia, and cross-fiber friction to penetrate deep layers of muscle fibers and help release chronic patterns of muscular tension.

## mommy's natural massage

25 or 50 minutes

A massage specially for women who have completed their first 16 weeks. Pillows allow the expecting mom to find a comfortable position and receive all the benefits of massage. Organic mango nectar cream compliments this service and provides nourishment to the skin.

## hawaiian lomi lomi massage

50 or 80 minutes

Using our special coconut lemongrass cream, this sacred healing massage using the hands & forearms in rhythmic and flowing movement brings you the nurturing touch and scent of hawaii to create deep relaxation and rejuvenation.

## teens massage (14-17)

50 or 80 minutes

Choose from our heavenly, sports or lomi lomi massage. All guest under the age of 18 must be accompanied by a parent or legal guardian from the time of check-in through the completion of their service.

## tranquility massage

25 minutes

You will feel transformed as the tension melts away from your head, neck and shoulders. This treatment is perfect after a long day of travel or as an introduction to the spa.

## in villa massage spa service

50 or 80 minutes

Offering a delightful escape in the comfort of your own villa. Available 7am-9pm, please notify us at ext. 2644 12 hours in advance of this booking so that we can make this a truly memorable experience.

## heavenly touch enhancements

add 25 minutes

to any 50- or 80- minute massage

heavenly hands and feet  
moisturizing paraffin treatment

focused hand and foot massage

tension relieving scalp massage with  
conditioning hair mask



## celestial body

Wrap yourself in a world of well being with a selection of body treatments.

### heavenly mango nectar wrap

50 minutes / with 'opio facial enhancement

Nourish your skin and your senses as you surrender to the romance of the islands. A combination of wildcrafted and organic properties restores your mind, body and soul with the Hawaiian essence of mango.

### tropical pineapple lime scrub

50 minutes

purifying, detoxifying, and stimulating  
A gentle cane sugar scrub infused with intoxicating sweet pineapple blended with tangy lime. An application of rich body butter rounds out your treatment. Your skin is left soft and glowing.

### after sun healing remedy

50 minutes

A perfect healing solution for sun overexposure. Nourish your skin with hydrating and soothing aloe vera, skin repairing noni juice and kamanu oil, antioxidant rich green tea, and moisturizing coconut water to heal the skin and moisturize. A perfect relief and healing remedy for too much sun.

### kaua'i organic clay ritual

80 minutes

Indigenous to the hawaiian islands this treatment brings together noni, awahpuhi and kava. After a light fruit exfoliation, unwind as the clay wrap purifies, softens and soothes the skin. A generous application of koke'e body cream completes this unforgettable island journey.

### coffee chocolate indulgence

80 minutes

uplifting and promotes happiness and well being  
Begin this delicious spa experience with pure cane sugar exfoliation using pure organic coffee and authentic cacao. This antioxidant rich treatment will cleanse, exfoliate, re-hydrate and tone the skin. Next allow yourself to be transported to a tropical paradise with a warm body butter wrap with a luxurious rich blend of deeply hydrating moisturizers.

### lilikoi fruit melody

100 minutes

relaxing and increases vitality and awareness  
This indulgent and luxurious body rejuvenation treatment begins with a gentle pacific sea salt and lilikoi (hawaiian passion fruit) body exfoliation that leaves your skin feeling fresh and smooth. Your indulgence continues with a decadent body wrap of a lilikoi body butter soufflé to nourish and hydrate the skin. This melody concludes with an uplifting massaging application of the butter soufflé.

## waxing services

lip  
eyebrow  
eyebrow design  
underarm  
half leg  
full leg  
bikini  
full arm  
half arm  
brazilian  
back or chest

## finishing touches

makeup application for the day  
makeup application for evening or event  
makeup application lesson

weddings and special occasions:

ask our spa agents about our in-villa bridal services including event updo's, makeup application and nail services.



embrace well -

## heavenly glow - basic

Natural and organic treatments for the face to correct imbalance while always respecting the delicate structure of the skin.

### heavenly facial

50 minutes

A european facial customizable for all skin types. Includes cleansing, exfoliation, and specialized treatment mask. A truly heavenly experience.

### illumination facial

50 minutes

Pure indulgence. Sophisticated, luxurious and decadent. Pearl and aromatic citrus extracts combine to illuminate and energize a lackluster complexion. Thanks to an oxygenating mask of crushed pearl, mineral salts and Hawaiian noni, dull and discolored skin is diminished and radiance is restored.

### performance facial

50 minutes

A customized treatment for men that uses AHA and allantoin to activate the skin's renewal system and leaves the face and beard feeling firm, cleansed and protected.

### organic facial

50 minutes

Our organic facial answers the needs of those who want to respect their skin and respect their environment without having any doubts about the choices they make. Consisting of 99% natural & certified organic ingredients that make the skin healthier and brilliantly radiant by hydrating, nourishing, balancing, and providing protection from external aggressions.

## heavenly glow enhancements

add to any 50 minute facial

### derm renewal peel

a deep exfoliating enhancement that combines Glycolic and Lactic acids to promote skin renewal and moisturization.

### algomask

Provides instant radiance by hydrating, soothing and brightening the skin while minimizing redness. Its thermo-cooling effect on the skin makes it ideal for sun burnt or sensitive skin.

### eye remedy treatment

Helps to revive the delicate eye area by reducing swelling and puffiness, minimizing dark circles, and softening expression lines around the eyes.

### lip blooming treatment

Lips are left softened, plumped, and luscious. Reduce fine lines while defining the lip contour.

### heavenly hands and feet paraffin treatment

A warm, moisturizing paraffin treatment infused with vitamins.

## heavenly glow - deluxe

Clinical treatments are your first step towards achieving and maintaining radiant skin. Our comprehensive line of deluxe facials promote immediate results coupled with relaxation and comfort.

### puracne oxygen facial

80 minutes

This revolutionary oxygenating acne treatment is designed to clear skin congestion, control acne and revitalize fatigued, stressed and dull skin.

The 5-step treatment is formulated with BHA, AHAs, a unique Oxygen Complex, Patented Anti-microbial Peptides and Probiotic Actives.

Benefits: The skin becomes luminous, moisture balanced and younger looking.

### sea c spa facial

80 minutes

A powerful antioxidant, anti-aging skin care designed to delay the signs of aging and to rejuvenate the skin. This treatment is exceptional for both pre and post sun exposure.

Benefits: This treatment reduces the appearance of lines and wrinkles, evens out the skin tone and illuminates the skin restoring its youthful appearance.

### collagen facial

80 minutes

This intensive anti-aging treatment hydrates, rejuvenates and reconfigures the skin's surface to subdue the visible signs of aging. An undisputable and scientifically proven treatment to fight the signs of skin aging.

Benefits: Improves the overall complexion by minimizing the appearance of lines and wrinkles. Coocons and quenches the skin, leaving it well hydrated and radiant.

### botinol

80 minutes

Spa Helani's signature anti-aging treatment. This innovative, clinically proven treatment combines five peptides including Matrixyl, Myoxinol, Argireline, and Retinol. This relaxing treatment session offers pleasant textures and exquisite essences delivering an overall sense of well-being. An ideal treatment for people determined to mask the signs of aging.

Benefits: After just one treatment, expression lines appear relaxed, lines and wrinkles are visibly reduced, and the skin is plumped.



## heavenly care for hands and feet

Our signature care for hands and feet may be enjoyed together, separate or in tandem with another treatment. Each personalized treatment includes vital elements of tropical essential oils, energizing soak, and nail and cuticle treatments.

### grace manicure & pedicure

50 minutes hands / 60 minutes feet

110 minutes hands & feet

Organic sugar cane polish is gently massaged into your skin, exfoliating and renewing. Drift away as plumeria and organic botanicals are applied to revitalize the skin, leaving it feeling firm and supple; plus paraffin upgrade, nail and cuticle treatments and polish.

### passion blossom manicure & pedicure

45 minutes hands / 55 minutes feet

100 minutes hands & feet

Start with a tropical soak, a fruit exfoliation, renewing enzyme mask and deeply relaxing massage. This truly is a decadent experience; plus nail and cuticle treatments and polish.

### heavenly hawaiian manicure & pedicure

40 minutes hands / 50 minutes feet

90 minutes hands & feet

This indulgent ritual captures the essence of ka'anapali's elements. Relax in a soak of natural local ingredients. Coconut lemongrass sugar polish will leave your skin feeling refreshed and smooth; plus nail and cuticle treatments and polish.

### teen pineapple lime manicure & pedicure

55 minutes hands & feet / for teens (13-19)

This sweet and tangy scent is the ultimate summer vacation aroma. Leaving your skin glowing and fresh, this manicure and pedicure will leave you styling from the beach to the mall.

### mango nectar pedicure for two

50 minutes

Drift away as the scent of hawaiian mango allows you to surrender to the romance of the islands. This decadent pedicure, using natural and organic local ingredients, leaves your skin feeling refreshed and smooth. Relax together as you both sip mango nectar bellinis. Includes nail and cuticle treatments plus polish.

### men's sports manicure & pedicure

30 minutes hands / 45 minutes feet

75 minutes hands & feet

Our gentleman's manicure and pedicure includes a soak, organic sugar scrub, nail and cuticle treatment, a soothing koke'e massage and a buff to finish.

### chocolate truffle manicure & pedicure

60 minutes / for 1 adult and 1 child\*

Side by side chocolate truffle manicures and pedicures is a great way to spend time with your child who may be too young for the full spa experience. Designed for children ages 4 to 12 when accompanied by an adult.

### keiki nails for children 4 to 12\*

20 minute manicure / 25 minute pedicure

45 minute hands & feet

The perfect way to allow your children to express themselves. A fun polish change that includes 2 fingers or 2 toes to be artfully decorated.

### heavenly nail enhancements and à la carte

polish change (hands or feet)

french polish change (hands or feet)

french polish to service (hands or feet)

nail art

natural nail repair

paraffin treatment for your hands

paraffin treatment for your feet

paraffin for hands and feet

callo foot treatment

acrylic nail repair

acrylic fills

acrylic full set

acrylic french fills

acrylic full set french

acrylic removal (includes manicure)



## heavenly escapes

Customized heavenly spa packages, your own sensory experience awaits you.

### hope

110 or 140 minutes includes a 30 minute light lunch

Experience what everyone is talking about and afterwards you will understand.

Begin with a coconut lemongrass cane sugar body polish followed by a 50-minute or 80-minute rhythmic hawaiian lomi lomi massage.

### dream

130 minutes includes a 30 minute light lunch

Choose from any of our delightful 50-minute massage or body treatments, a renewing 50-minute facial treatments.

Your every wish... granted.

### wish

220 minutes includes a 30 minute light lunch

Choose from any of our delightful 50-minute massage or body treatments, a renewing 50-minute facial treatments, plus our heavenly hawaiian manicure and pedicure.

You will leave floating on a cloud.

### heaven

295 minutes includes a 30 minute light lunch

Indulge in this deluxe spa package to replenish your body and delight your senses. Experience our signature heavenly facial, with choice of algomask or derm renewal peel enhancement, one of our delightful 80-minute massages, and our decadent grace manicure and pedicure hinted with scent of plumeria.

This is the ultimate island beauty getaway.

### performance

205 minutes includes a 30 minute light lunch

This package is for the active man who knows how to take care of himself. Starting with 50-minute sports massage followed by the performance facial and finishing with a gentlemen's sports manicure and pedicure.

## couples escapes

### ka'anapali couples ritual

This deeply relaxing and renewing experience connects mind, body and spirit and commences with a unique tandem massage using a blended lemongrass coconut cream. The polynesian-style massage technique features flowing movements. After your tandem massage, your voyage continues with a choice of a luxuriously soothing bath, a heavenly facial or a tropical body scrub for two. This is the ultimate pampering experience.

80 or 110 minute with choice of bath

tropical smoothie bath

coconut lemongrass bath

80 or 110 minute with choice of scrub

pineapple lime cane sugar scrub

passion fruit citrus sea salt scrub

100 or 130 minute with choice of facial

illumination facial

performance facial

heavenly facial

organic facial

### couples instructional massage

This instructional massage is the perfect treat for a couple on their honeymoon or celebrating an anniversary. Learn the basic techniques of massage to enable you to give your loved one a relaxing massage at home.

Includes instructional couples massage book.

80 minute with choice of bath

tropical smoothie bath

coconut lemongrass bath

### couples enhancements

champagne & fruit

Upgrade your couples ritual with a touch of decadence, includes a split of Veuve Clicquot and a fresh tropical fruit plate.





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