weekly experience schedule

something for everyone

laugh.learn.live.

MON

vacation kick off 9:15 am
jump start your vacation by joining us for snacks and great prize give-a-ways! meet the staff, learn about all the great things we have to offer around the resort, and fun things to do on the island.
pailolo restaurant north villas

ocean awareness odyssey 10:00 am
escape to the bottom of the ocean by learning about what you may encounter in our beautiful ocean. join a marine naturalist from the maui ocean center
complimentary
south lobby terrace

discover the art of magic 10:30 am
enjoy a magic show demonstration with tim, the magnificent magician from the kupanaha magic show.
complimentary
discover activity center, building 2 basement level
take pool ramp access

healthy lower back secrets 10:30-11:00 am
learn how to release the tight muscles in your legs and hips that attach to your lower back and cause discomfort
$25 per person
ocean lawn

healthy shoulder & rotator cuff secrets 11:00-11:30 am
this course will demonstrate how to

TUE

level 1– intro to white tiger yoga & tai chi 8:00-9:15 am
the best of the holistic art forms from all over the world. helps to get rid of your stress, headaches, backaches, insomnia, anxiety and much more!
$27 per person
ocean lawn

healthy lower back secrets 9:30-10:00 am
learn how to release the tight muscles in your legs and hips that attach to your lower back and cause discomfort.
$25 per person
ocean lawn

toddler time ($$) 10:00 am -11:00 am
enjoy family time with you little one as the fun team offers toys, crafts, and games for your toddler to enjoy. ages 4 and under welcome
$1 +tax per family
discover activity center, building 2 basement level
take pool ramp access

tropical water fitness 10:15-11:00 am
experience pure renewal in our water aerobics class
$15 per person
south pool

puka shell jewelry making (**) ($$) 12:00-1:00 pm
create an island favorite piece of jewelry with the fun team.
$15 +tax per necklace
$10 +tax per

WED

level 2– white tiger yoga & tai chi 8:00-9:15 am
the best of the holistic art forms from all over the world. helps you get rid of your stress, headaches, backaches, insomnia, anxiety and much more!
$27 per person
ocean lawn

discover exotic tropical plants 9:00 am
experience pure renewal on a botanical tour around the resort.
meet at the north lobby

maui stuffed animal ($$) 9:00-1:00 pm
adopt and accessorize a cuddly stuffed animal.
all ages welcome.
prices will vary
south lobby

healthy weight loss secrets 9:15-10:00 am
dispel common myths about diet and fitness and learn how to cut belly fat, and tone your legs, rear, and belly the healthy way without using the gym.
$25 +tax per person
ocean lawn

lau hala weaving (**) ($$) 10:00-11:00 am
learn the art of hawaiian weaving.
$3 +tax per bookmark
discover activity center, building 2 basement level
take pool ramp access

tropical water fitness 10:15-11:00 am
experience pure renewal in

THU

level 3- white tiger yoga & tai chi 8:00-9:15 am
the best of the holistic art forms from all over the world. helps to get rid of your stress, headaches, backaches, insomnia, anxiety
and many more.
$27 per person
ocean lawn

healthy shoulder & rotator cuff secret 9:30-10:00 am
This course shows you how to increase blood flow to the rotator cuff for less pain and more range of motion.
$25 per person
ocean lawn

discover maui's secrets with our ambassador of aloha 10:00 am
keleko, our ambassador of aloha, invites you to a small presentation where you can learn some of the rich history and culture of the islands.
complimentary
south lobby overlook

tropical water fitness 10:15-11:00 am
experience pure renewal in our water aerobics class.
$15 per person
south pool

ceramic painting workshop (**) ($$) 10:00-11:00 am
enjoy painting a ceramic craft.
pricing will vary
building 4 guest lounge

discover snuba 11:00 am
explore beyond snorkeling

FRI

healthy weight loss secrets 8:00-8:45 am
course will dispel common myths about diet and fitness and show you how to cut belly fat and tone your legs, rear, and belly the healthy way without using a gym!
$25 per person
ocean lawn

island style craft fair 9:00-4:00 pm
at the westin ka'anapali ocean resort villas
experience a unique opportunity to shop right here at our resort, featuring handmade crafts and beautiful artwork made on maui.
admission is complimentary
beach front lawn

healthy lower back secrets 9:00-9:30 am
learn how to release the tight muscles in your legs and hips that attach to your lower back and cause discomfort.
$25 per person
ocean lawn

healthy shoulder & rotator cuff secrets 9:30-10:00 am
this course demonstrates how to increase blood flow to the rotator cuff for less pain and more range of motion.
$25 per person
ocean lawn

tropical water fitness 10:15-11:00 am
experience pure renewal in our water aerobics class

SAT

maui cultural lands "malama honokowai"
9:00-4:00 pm
enjoy the true meaning of sense of place. learn and help restore native hawaiian plants and uncover historical sites with project director, puanani lindsey.
complimentary
please wear covered footwear and pack a lunch with bottled water
meet at pu'ukoli train station by 8:45 am
return to resort between at 3:30-4:00 pm

bingo bonanza ($$) 10:00-11:00 am
$1 +tax per card
pulehu, an italian grill north villas

discover snuba 11:00 am
explore beyond snorkeling as you dive into a whole new world.
complimentary
north pool

kids beading fun (**) ($$) 12:00-1:00 pm
create a unique piece of jewelry using colorful beads.
$7 +tax per necklace
$3 +tax per bracelet/anklet
discover activity center, building 2 basement level
take pool ramp access

wet 'n wild slide race 2:00 pm
see if you have the speed to win!
south pool slide

SUN

sand art extravaganza(**)($$) 10:00-11:00 am
create a masterpiece using colored sand and your imagination.
$2 +tax per artwork
discover activity center, building 2 basement level
take pool ramp access

discover snuba 11:00 am
explore beyond snorkeling as you dive into a whole new world.
complimentary
north pool

creative cup decorating (**) ($$) 12:00-1:00 pm
use your creativity to design your very own cup.
$3 +tax per cup
discover activity center, building 2 basement level
take pool ramp access

koi fish feeding frenzy 1:30 pm
south koi fish pond

temporary tattoo parlor 2:30 pm
complimentary
south lobby kids check in station

kids check in 3:00-5:00 pm
meet the fun team, learn about the westin kids club, and all the exciting activities we have to offer that will transform your keikis experience.
south lobby

crazy candy lei making (**) ($$) 3:30-4:30 pm
have fun creating a sweet tasting lei